

# Sp-aah 2 U

a division of

## Relaxing Minds

## pamperparties

...be pampered in the comfort of your home



### What is a Pamper Party?

A Pamper Party is a great way to catch up with friends, family, co-workers, or members of any organization in the comfort of your home... more invigorating, relaxing and even spiritually rewarding than a dinner party!

With a Pamper Party at home, you and your friends (about 5 or more) can indulge and relax in your beautiful sanctuary as our Licensed Professionals pamper and rejuvenate your body, mind and soul with our menu of pamper treatments, such as massage, facials, pedicures, manicures and even hair styling.

And if you prefer a total stress-free party, we can even take care of the decoration, food and music! Beverages are always complimentary.

Our pamper parties are different because all treatments are provided only by Licensed Professionals who truly care for your overall well-being. Our goal is to provide a day of relaxation with pampering products to soothe your body, minds & spirit with our touch.

Remember Pamper Parties are not just for women. We offer them in the form of Relaxation Stations for men.

A Pamper Party is a great idea for occasions such as...

- Girls night in
- Birthday parties
- Bachelor/Bridal Parties
- Fundraising events
- Birthday/Baby Shower
- Housewarming
- Christmas/Holiday Parties
- Reunions
- Office pamper days/Corporate promotion events
- You name it

### What happens during a Pamper Party?

It is recommended that you book a Pamper Party with us at least 4 weeks in advance so that we can organize and make your party a memorable event. When making the booking, you and your guests will select the service treatments from our menu or you can choose a Pamper Party Package with several services.

On the day of the party, our Licensed Professionals will arrive at your home with all the necessary equipment for the party, as well as a treatment schedule for all the guests (so that everything will run smoothly...). We will even take care of the music and scented candles to create the ideal pamper ambience!

All you have to do is just sit back, relax and indulge in the pampering!

### How can you be pampered?

You can either Choose your pamper time or services:

select one of our Pamper Party packages or  
mix+match the treatments



## 1 choose your pamper time

select one of our Pamper Party packages

You, and your guests, can decide the amount of pamper time you'd like to have during the party, depending on the occasion as well as the other activities planned for the rest of the party.

The treatments on each guest will be scheduled at different times during the party, so that while someone is having a treatment, the other guests can socialize and catch up with each other.

Estimated Total Pamper Time per person	Number of Guests	Average Price per person
Express 1hr 45min	3-7	\$125*
1hr 30min	8+	\$95*
Spa 2hr 30min	3-7	\$160*
2hrs	8+	\$130*
Luxury 3hrs 45min	3-7	\$200*
3hrs 15min	8+	\$170*

\*Includes Manicure, Pedicure, Facial, & Massage. Travel charge may be added if location is 30 miles or more from office location. Prices do not include meal service. Beverages are always complimentary. If guest number change, prices may also.

## 2 choose your treatments

mix+match your party

It's your party and you can be pampered in any way you want! You can be a seasoned host or planning your first party, we offer a range of treatments to help make your party a memorable one. 30 minute service minimum per guest with mix+match.

Choose 30min, 1hr, or 1 ½ hr of services per guest. Once you and your guests have decided on the pamper time, mix and match the treatments you'd wish to indulge in.

For example, if you choose to have 1 hour of pamper time, you can choose to have an Express Back massage PLUS an Express facial. Go ahead and indulge!

Facial Pamper Treatment	Est Treatment Time
Express	25 - 30min
Spa	35 - 45min
Luxury	55 - 60min
Manicure Pamper Treatment	Est Treatment Time
Express	10 - 15min
Spa	20 - 25min
Luxury	30 - 35 min
Pedicue Pamper Treatment	Est Treatment Time
Express	30 - 35min
Spa	40 - 45min
Luxury	50 - 60 min
Massage Pamper Treatment	Est Treatment Time
Express Back	25 - 30 min
Spa Body: Full body	25 - 30 min
Luxury Body: Full Body	55 - 60 min
Swedish massage: Neck & Shoulder massage	15min
Swedish massage: Arm and hand massage	15min
Swedish massage: Leg and Foot massage	15min
Additional Services: Other beauty treatments are available upon request, including waxing, makeup application, eyebrow shaping, body wraps, lash application, etc	15min - 1 ½ hr

If you have any other treatments in mind, simply check with us for availability!



## Food...

Want a total stress-free party? Let us organize the finger food, salads, or sandwiches, beverages, music, scented candles and even the flowers to create the perfect ambience for your party! Meal service starts from \$5 per person, simply contact us for a quotation.

## Are you organizing a BIGGER party? Or do you want a CUSTOMIZED party for you?

We cater for larger parties such as office parties or a 'pamper/relaxation station' where your guests can drop in throughout the day to receive a treatment of their choice. If you have any special requirements, please contact us and we will be happy to supply you with a quotation.

ASK ABOUT MIX AND MATCH MENU

Just want to pamper yourself & someone else. Call! (901) 384-4146

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## Pamper Party Packages

Like the perfect host/hostess, you have a good idea of what your guests would enjoy at your Pamper Party. You can exercise your creative juices and mix+match the treatments we offer. If you are stuck for ideas, here are a few of our most popular requests:



### Package A: PAMPER EXPRESS

Price: \$95-125\* per person  
Ideal for: Instant pick-me-up!  
Preferred group size: 3+ guests  
Pamper time: 1 ½ - 1 ¾ hr per guest

Each guest will be treated to:

- Back Massage
- Facial
- Manicure & Pedicure



### Package B: PAMPER SPA

Price: \$130 - 160\* per person  
Ideal for: Rejuvenate the body and spirit  
Preferred group size: 3+ guest  
Pamper time: 2 - 2 ¼ hrs per guest

Each guest will be treated to:

- Full Body Massage
- Spa Facial with Exfoliation & Mask
- Spa Manicure & Pedicure with Mask



### Package C: PAMPER LUXURY

Price: \$170 - 200\* per person  
Ideal for: Pampering with the works.  
Preferred group size: 3+ guests  
Pamper time: 3 ¼ - 3 ¾ hr per guest

Each guest will be treated to:

- Full Body Massage 55min - 1hr
- Spa Facial with Exfoliation, Specialized Mask & Booster
- Spa Manicure & Pedicure with Mask & Paraffin

\* Travel charge may be added if location is 30 miles or more from office location. Prices do not include meal service. Beverages are always complimentary. If guest numbers change, prices may also